

Biodynamic Craniosacral Therapy

True Touch Therapy

Parksville, BC

250-248-4168

www.truetouchtherapy.ca

traceystruetouchtherapy@gmail.com

Client History and Information

Name: _____ Birth Date: _____

Address: _____ Best Contact #: _____

City: _____

Emergency Contact Name : _____ Relationship: _____

Their Phone Number: _____

Your Relationship Status: _____

How did you hear about me? _____

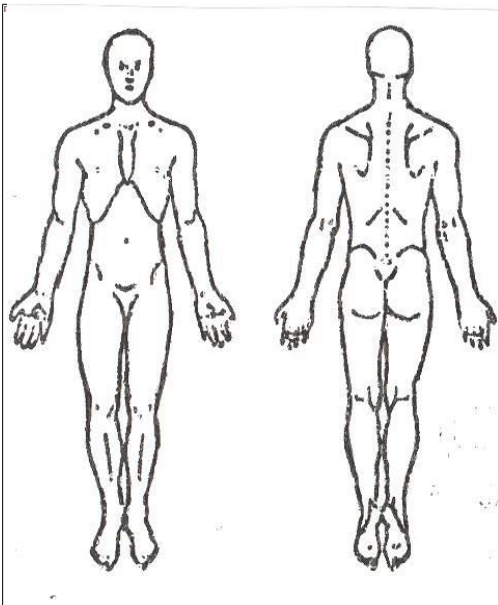
Occupation: _____ Employer: _____

Sports/hobbies: _____

How is your general health? _____

What are your intentions for this treatment? _____

Note the areas of discomfort, injury or pain on the figures



Present Symptoms: What is the major condition you want to improve? _____

What caused it? _____

What relieves it? _____

What other therapies have been helpful? _____

List any medications and nutritional supplements you are taking: _____

Medical / Surgical History _____

Accident History _____

Biodynamic Craniosacral Therapy

Are you having any problems with the following:

√ for new problem

× for old problem

- | | | | |
|--|--|--|--|
| <input type="checkbox"/> allergies | <input type="checkbox"/> dizzy/fainting | <input type="checkbox"/> inflammation | <input type="checkbox"/> sciatica |
| <input type="checkbox"/> arthritis | <input type="checkbox"/> energy levels | <input type="checkbox"/> jaw pain (TMJ) | <input type="checkbox"/> seizures |
| <input type="checkbox"/> asthma | <input type="checkbox"/> eyes | <input type="checkbox"/> joints | <input type="checkbox"/> stress: moderate/high |
| <input type="checkbox"/> anxiety | <input type="checkbox"/> fatigue | <input type="checkbox"/> kidney issues | <input type="checkbox"/> skin |
| <input type="checkbox"/> back pain | <input type="checkbox"/> female problems | <input type="checkbox"/> legs/feet | <input type="checkbox"/> sleep issues |
| <input type="checkbox"/> bladder | <input type="checkbox"/> fibromyalgia | <input type="checkbox"/> liver | <input type="checkbox"/> shoulder pain |
| <input type="checkbox"/> bowels | <input type="checkbox"/> gallbladder | <input type="checkbox"/> lungs/chest | <input type="checkbox"/> skin disorders |
| <input type="checkbox"/> cancer | <input type="checkbox"/> headache | <input type="checkbox"/> male problems | <input type="checkbox"/> sinus |
| <input type="checkbox"/> carpal tunnel | <input type="checkbox"/> heart trouble | <input type="checkbox"/> migraine | <input type="checkbox"/> sprains/strains |
| <input type="checkbox"/> chronic fatigue | <input type="checkbox"/> hearing loss | <input type="checkbox"/> mouth/teeth | <input type="checkbox"/> stroke |
| <input type="checkbox"/> depression | <input type="checkbox"/> hiatus hernia | <input type="checkbox"/> neck pain | <input type="checkbox"/> swollen feet or legs |
| <input type="checkbox"/> diabetes | <input type="checkbox"/> high/low blood pressure | <input type="checkbox"/> ribs | <input type="checkbox"/> tendonitis |
| <input type="checkbox"/> disc issues | <input type="checkbox"/> hips | <input type="checkbox"/> ringing in ears | <input type="checkbox"/> tingling/numbness |
| <input type="checkbox"/> digestion/stomach | <input type="checkbox"/> hormonal issues | <input type="checkbox"/> scoliosis | <input type="checkbox"/> varicose veins |
| | | | <input type="checkbox"/> whiplash |

Dental history – braces, extractions, grinding, etc _____

Describe your birth:

Additional information:

Informed Consent

I, _____, (client) understand that the bodywork therapies as practiced by Tracey Pike are intended to reduce pain, integrate structural imbalances, decrease myofascial restrictions, decrease neural impingement, increase range of motion, improve circulation, enhance relaxation, increase the experience of overall health and offer a positive experience of touch.

I understand that the therapies are not a substitute for medical treatment or medications and that it is recommended that I work concurrently with my Primary Caregiver for any condition I may have. I am aware that the therapist does not diagnose illness or disease and does not prescribe medications nor perform spinal manipulations.

I have informed the therapist of all my known physical conditions, medical conditions and medications, and I will keep the therapist updated on any changes.

Signature: _____ Date: _____